

Date: September 18, 2020

To: Genesis Rehab Services Business Partners

From: Lou Ann Soika, Chief Strategy and Administrative Officer

Re: COVID-19 Communication - Week of September 13, 2020

Fall Prevention Awareness Week is Sept 21-25, 2020! Please join us in raising awareness of fall prevention by sharing the following educational videos with your residents, patients and your care team.

- Video link: [Falls Statistics](#)
- Video link: [Benefits of Rehab Therapy for Falls](#)

We hope that these videos, along with these falls-related facts below, will be a good reminder that most falls are preventable.

- 1 in 4 adults fall each year but less than half tell their doctor.
- For those who have fallen, their chance of falling again doubles.
- 1 out of 5 falls causes serious injury.
- Medications are often a cause for falls.
- Mild hearing loss can increase the risk for falls by 3x.

Please reach out to your care team for more information or additional support on falls prevention.

We are also celebrating all healthcare heroes during National Assisted Living Week and National Rehabilitation Awareness Week! Please take a moment for yourself each day to focus on your own well-being by watching some of the videos via links on this [Your Health Matters flyer](#).

Another way to support our healthcare heroes is to consider the expansion of the Triple Aim framework to include the clinician experience resulting in what is known as the Quadruple Aim. Leaders are now focusing on the role of the clinician experience because the healthcare environment is increasingly challenging for clinicians on many fronts, which directly affects patient care. Simply put, happier clinicians mean happier patients. When providers are satisfied with their work and how they're able to deliver care, they'll do a better job. Now more than ever, considering clinician burnout, it's important to care for providers as COVID-19 has changed the landscape of being a provider in healthcare. Additional resources:

- [The Triple Aim or the Quadruple Aim? Four Points to Help Set Your Strategy](#)
- [WHI: Moving Upstream to Address the Quadruple Aim](#)
- [IHI Framework for Improving Joy in Work](#)

ADVOCACY EFFORTS

GRS participated in Virtual Hill Day Visits: On September 9, the GRS leaders participated in the National Association for the Support of Long Term Care (NASL) Virtual Hill Day, to advocate with members of Congress to delay or stop the upcoming cuts to the Physician Fee Schedule. The cuts planned for January 2021 would impact reimbursement for Part B services, with reductions in payments for therapy and some physician services of approximately 10%. We met with over 30 legislators to explain the significant negative impact this reduction would have, especially now with all the challenges caused by the pandemic. GRS will continue to participate in the ongoing advocacy efforts through NASL, AHCA and each of the therapy professional associations in order to make sure that both Congress and CMS are aware of the serious challenges that SNFs currently face, as well as the potential issues of access to care that these reductions would trigger.

REGULATORY UPDATES

CMS Nursing Home Visitation Guidelines: Late yesterday afternoon, the CMS Survey and Certification Group's Director released a memo (entitled [Nursing Home Visitation - COVID-19](#)) to State Survey Agency Directors. This seven page document addresses the following topics:

- Core Principles of COVID-19 Infection Prevention
- Outdoor and Indoor Visitation
- Visitor Testing
- Compassionate Care Visits
- Required Visitation
- Survey Considerations
- Use of CMP FUNds to Aid in Visitation

As per the memo, this policy should be communicated to all survey and certification staff, their managers, and the State/CMS locations within 30 days of the memo.

Release of the Coronavirus Commission for Safety and Quality in Nursing Homes:

The final report from this independent commission was forwarded to CMS on 9/17/2020. [Click here](#) for the CMS news release; [here](#) for the full independent report (186 pages); and [here](#) for the Trump Administration's response to the commission's findings.

Final version of the PDPM Grouper DLL V1.006 has been posted. This version supports the calculation of PDPM payment codes on OBRA assessments when not combined with the 5-day SNF PPS assessment, specifically the OBRA comprehensive (NC) and OBRA quarterly (NQ) assessment item sets. Note that this FINAL version supports the ICD-10 codes that are defined in the data specifications as valid for item I0020B for FY2021.

Also, please note that the grouper expects valid FY2021 ICD-10 codes for I8000A-J when processing assessments with target date on or after October 1, 2020. Refer to the downloads section of the [MDS 3.0 Technical Information](#) page of CMS.gov.

IMPORTANT NOTE: GRS has provided training to our staff to ensure the use of updated ICD-10 codes. New codes will be available and discontinued codes will not be utilized effective 10/1/2020.

If you missed the **CMS Stakeholder Call of 9/8/2020**, the presentation is available [here](#) and the recording of the call can be accessed via logging in [here](#). CMS, CDC, and HHS leadership conducted this stakeholder call on the evening of September 8th. The speakers included Seema Verma - Administrator of CMS, Dr. Robert Redfield - Director of the CDC, Dr. Brett Giroir - Assistant Secretary of HHS, and Dr. Lee Fleisher - Chief Medical Officer for CMS. Key topics of the call focused on CMS' new reporting requirements for lab testing for COVID-19.

Updated Skilled Nursing Facility Quality Reporting Program (SNF QRP) COVID-19 Public Reporting Tip Sheet: CMS recently provided this updated [Tip Sheet](#) that serves as a companion document to the [previously published document](#) released in July 2020.

CLAIM CODING UPDATES

Annual International Classification of Diseases, Tenth Revision (ICD-10) Updates: Annual ICD-10 code updates become effective Oct 1, 2020. GRS staff have been provided with resources and instructions to facilitate timely updates to codes that are being deleted and replaced on October 1st. Information about new codes has also been provided. The National Center for Health Statistics ICD-10 resources for FY 2021 may be accessed at: <https://www.cdc.gov/nchs/icd/icd10cm.htm>

National Correct Coding Initiative (NCCI) Updates: The Centers for Medicare and Medicaid Services (CMS) have posted the NCCI Quarter 4 updates. Earlier this year, CMS discontinued many therapy code pairings, but several pairings are expected to be reinstated, effective October 1st. The NCCI applies to Medicare Part B and some managed and commercial payors. Information about the NCCI can be found on the [CMS National Correct Coding Initiative Edits webpage](#).

FREE WEBINARS: CEUs and WELLNESS CLASSES

Free 4-Part Continuing Education Webinar for Genesis Business Partners Beginning September 22, 2020: Mansbach Health Tools, LLC (home of the BCAT®) and Counterpoint Health Services are hosting this webinar series. 1.5 Continuing Education Contact Hours will be awarded for *each* webinar attended. Sign up for each webinar individually, or plan on attending all 4 topics in the series. Each webinar will be offered on a Tuesday from 12:00 PM-1:30 PM EST.

This four-part webinar series presented by Dr. William Mansbach, Ph.D, is intended to equip each participant with assessment and treatment strategies to address psychological symptoms of: depression, anxiety, psychosis, and personality disorders in older adults across the post-acute care setting. Registration and additional information may be found on the attached brochure.

Wellness Classes for Patients: Our wellness classes may be accessed at any time, any day, from the comfort of your own home. Find class descriptions, class location, and instructor names and titles on the attached handout. Please look for announcements for additional recorded offerings soon. Thank you and enjoy!



Introducing our **NEW GRS Your Wellness Matters Recorded mind-body-cognitive wellness class series** presented by our expert clinical director instructors.

You can now access our wellness classes any time, any day, from the comfort of your own home.

Find class descriptions including instructor names and titles below. Please look for announcements for additional recorded offerings soon!

Genesis Rehab Services Recorded Wellness Classes for Residents
Classes incorporate the entire mind-body-cognitive wellness approach
Location for all recorded classes: [Click Here](#)
Class Descriptions: All class durations are 20 - 35 minutes in length

Functional Strength with Physical Therapist Michael McGregor

Have fun and move through a variety of seated exercises designed to increase muscular strength, range of movement, and activities for daily living.

Maximize your Memory with Speech-Language Pathologist Bobby Maxwell

Interactive brain health classes to support your cognitive wellness!

Meditation and Mindfulness with Speech-Language Pathologist Jordan Bowman

Enjoy guided meditation including gentle stretching and mindfulness practices.

Tai Chi (Seated Modification) with Physical Therapist Jen Lucas

Engage in this gentle exercise while seated. Exercise consists of slow, graceful movements combined with deep breathing.



Contact your local Genesis Rehab Services therapy team onsite
Corporate Office: 101 E. State Street, Kennett Square, PA 19348 • genesisrehab.com

Mansbach Health Tools, LLC and Counterpoint Health Services home of the BCAT® are hosting a free webinar series, awarding 1.5 Continuing Education Contact Hours for each webinar attended. Sign up for each webinar individually, or plan on attending all of the topics in the series. Each webinar will be offered from 12:00-1:30 PM EST.

The Webinar Presentation Topics

September 22, 2020	Depressive Disorders and the Older Adult
October 13, 2020	Anxiety Disorders and the Older Adult
November 10, 2020	Psychotic Disorders and the Older Adult
December 8, 2020	Personality Disorders and the Older Adult

This four-part webinar series is intended to equip the participant with assessment and treatment strategies to address psychological symptoms of depression, anxiety, psychosis, and personality disorders in older adults across the post-acute care setting.

Program Level Intermediate

Target Audience

Social Workers, Psychologists, Nurse Practitioners, other disciplines within the field of geriatrics who are interested in professional development within the realm of psychogeriatrics.

Presenter: Dr William Mansbach Ph.D.

Programs will be presented by **Dr. William Mansbach, Ph.D.**, the founder and Chief Executive Officer of Mansbach Health Tools, LLC which supports the BCAT® Research Center. He is also the Chief Executive Officer and President of CounterPoint Health Services, a multi-disciplinary behavioral healthcare company specializing in geriatrics and dementia care. For many years, he was the Chief Operating Officer of the largest geriatric behavioral healthcare company in the U.S. specializing in long-term care. Dr. Mansbach has an international reputation as a researcher, clinician, and consultant in the aging field. He was a pioneer in the development of memory clinics and is the creator of the BCAT® and ENRICH® Systems, which integrate cognitive tests, interventions, and dementia prevention programs. He is the co-author of the award-winning book, *Brain Health as You Age: A Practical Guide to Maintenance and Prevention*. Dr. Mansbach's most recent peer-reviewed articles can be found on the BCAT® Research Center page.

CEUS will be available for the following professionals

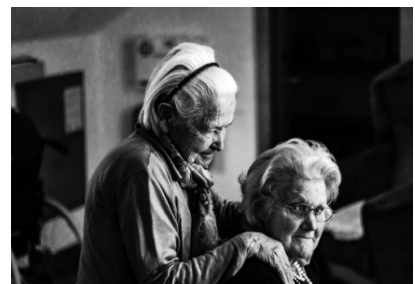
Social Workers will earn 1.5 CEUs per program.

Psychologists. The Maryland Board of Examiners of Psychologists counts NASW as an approved CE sponsor, so psychologists also earn 1.5 CEs per program.

Nurse Practitioners. NPs must maintain an American Nurses Credentialing Center (ANCC) certification. While the ANCC requires the majority of continuing educations to be formally approved and directly related to the full scope of an NP's certification role and specialty, the remainder can be related to other non-nursing healthcare disciplines, including the topics covered in these webinars.

Registration

To register for one or more of the CEU events, please complete the registration form below. Once you have finished typing your responses in each field, please send the form as an attachment to resourcecenter@counterpointhealthservices.com.



Registration Form for Fall Webinar Series

First Name _____

Last Name _____

Email address _____

Organization _____

Discipline / License Type: _____ State of Employment: _____

Please select the sessions for which you are registering.

September 22, 2020	Depressive Disorders in Older Adults 12 – 1:30 PM (EDT)
October 13, 2020	Anxiety Disorders in Older Adults 12 – 1:30 PM (EDT)
November 10, 2020	Psychotic Disorders in Older Adults 12 – 1:30 PM (EDT)
December 8, 2020	Personality Disorders in Older Adults 12 – 1:30 PM (EDT)

Plan ahead:

1. The meeting will be opened 15 minutes prior to each session so each attendee has ample time to verify access and register.
2. A post-test will be required from each participant to receive an emailed copy of your CEU Certificate.
3. There will be instructions on how to sign into and out of the meeting so attendance can be properly monitored for CEUs.

Please send your completed form to
resourcecenter@counterpointhealthservices.com.

Once you are fully registered, you will receive an email from the **Resource Center Team** with the zoom link that allows you to log in to join each webinar.

For additional questions or concerns, please reach out to Ali Breden at abreden@thebcat.com.